

# HEART HEALTH SURVEY

### **CONTACT INFORMATION**

Student Name:				
Street Address:				
City:	State:	Zip:		
Date of Birth:				
Home Phone:				
School Student Attends:				
Parent/Guardian Name:				
Parent/Guardian Email Address:				
Parent/Guardian BEST Contact Phone Number:				
Your email will be added to the KEVS Fo	oundation, Inc. database for newsle	tters and event updates;		
**We will not provide or sell your email address to third parties for marketing purposes.				

The KEVS Foundation is providing this Heart Screening at no cost or obligation.

We hope that you will take the time to visit our website at <u>www.KEVSFoundation.com</u> to learn more about us and what we do, as well as information on Sudden Cardiac Arrest in youth.

Please make sure to like us on Facebook and follow us on twitter.

Please complete the following questions regarding the individual being screened:

### DEMOGRAPHICS

Age:				
Gender: Male Female				
Race/ethnicity: (check all that apply)				
African-American/Black				
Caucasian/White				
Hispanic/Latino				
Asian/Pacific Islander				
Native American				
Other: please specify:				

## SPORTS & PHYSICAL ACTIVITY

1) Do you play on ar	n organized sports team or compete in	n an individual sport? Yes No		
If yes, what level:	Club/Select Recre	eational/Intramural		
	High School Colleg	ge Professional		
If yes, what sport(s) do you play? (Check all that apply)				
Baseball	Golf	Skiing		
Basketball	Gymnastics	Squash		
Cheer	Hockey	Swimming/Diving		
Cross Country	Lacrosse	Tennis		
Cycling	Martial Arts	Track		
Dance	Rowing	Volleyball		
Football	Rugby	Wrestling		
Field Hockey	Soccer	Other		
Frisbee	Softball			

2) Exercise and physical activity per week. On average, I get...(check one)

More than 10 hours of exercise or physical activity per week

5-10 hours of exercise or physical activity per week

2-5 hours of exercise or physical activity per week

Less than 2 hours of exercise or physical activity per week

#### PAST MEDICAL HISTORY

	Do you have any ongoing medical illnesses? Yes No		
	If yes, what illness? Asthma ADHD Diabetes	ligh Blood F	Pressure
	Other		
	Are you taking any medication?		
HEAR	THEALTH QUESTIONS	Yes	No
1)	Do you get chest pain when you exercise?		
2)	Have you ever passed out during or immediately after exercise?		
3) Do you have difficulty breathing or unexplained fatigue during exercise that is new or getting worse?			
4)	Does your heart ever race (suddenly beat fast) without good reason?		
<b></b>			

4) Does your heart ever race (suddenly beat last) without good reason?	
5) Have you ever had a seizure?	
<ul> <li>6) Have you ever been diagnosed with: (if yes, check all that apply)</li> <li>☐ High Blood Pressure</li> <li>☐ A heart infection</li> <li>☐ High Cholesterol</li> <li>☐ Another heart problem</li> <li>☐ Kawasaki Disease</li> </ul>	
7) Has a doctor ever ordered a test for your heart? (For example, ECG/EKG, echocardiogram)?	
8) Has anyone in your family died from a heart problem before the age of 50?	
<ol> <li>Has anyone in your family died suddenly for an unknown reason before the age of 50 including Sudden Infant Death Syndrome (SIDS), unexplained car accident, or drowning?</li> </ol>	
<ul> <li>10) Does anyone in your family have any of the following medical problems:</li> <li>(if yes, please circle)</li> <li>Hypertrophic cardiomyopathy, dilated cardiomyopathy, arrhythmogenic, Right ventricular cardiomyopathy (ARVC), long QT syndrome, short QT syndrome, catecholaminergic polymorphic ventricular tachycardia (CPVT), Brugada syndrome, or Marfan syndrome</li> </ul>	